

Head Office

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Lusaka, Zambia

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Rachael Lumpa Memorial Reproductive Health Centre

Corner of Church Road and Dushambe Road
P.O. Box 32221, **Lusaka**
Tel: +260 211 254728

Bwembya Lukutati Memorial Reproductive Health Centre

29 Independence Avenue
P.O. Box 23141, **Kitwe**
Tel: +260 212 225114
Email: kitwerhc@zamtel.zm

Youth Open Point

51 Kanyata Road
P.O. Box 60402, **Livingstone**
Tel: +260 213 323065

Young Men as Equal Partners – Learning Centre

Shampande Compound
P.O. Box 630443, **Choma**
Tel: +260 213 221588
Email: ymep_choma@yahoo.com

Ndola Office

Mitchell Cotts Building, President Avenue North
P.O. Box 72442, **Ndola**
Tel: +260 212 620543

Services Offered

Visit one of our Reproductive Health Centres to access quality and affordable health services.

- Family Planning
- Antenatal and Postnatal Care
- Laboratory Services
- Voluntary Counselling and Testing
- STI Screening and Treatment
- Gynaecological and obstetric care
- Male Circumcision
- Peer Education
- MVA and Medical Abortion
- Psycho-social counselling on sexuality, gender-based violence, life skills
- Youth friendly services

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DFID Department for
International
Development



Planned Parenthood Association of Zambia

*Working for Happy and
Healthy Families in
Zambia*



A Member Association of
IPPF International
Planned Parenthood
Federation
Africa Region

Who are we?

Planned Parenthood Association of Zambia (PPAZ) is a Zambian non-governmental organisation which has existed since 1972 as a voluntary, not-for-profit and non-political organisation advancing the cause of sexual and reproductive health in Zambia. It is a Member Association of the **International Planned Parenthood Federation (IPPF)**.

Our Vision

Our **vision** is realisation of a society in which all people in Zambia enjoy equal sexual and reproductive health and rights (SRHR) and have access to quality and affordable SRH information and services.

Our Mission

Our **mission** is to advocate for sexual and reproductive health rights of women, men and young people, especially the vulnerable, and to empower them to make free and informed reproductive health choices. We dedicate ourselves to the provision of high quality and sustainable **youth-focused sexual and reproductive health services**.



The Five 'A's

PPAZ's core focus is centred around the five 'A's, which are:

- **A**ccess to Sexual and Reproductive Health Services
- **A**dolescents / Young People
- **H**IV and **A**IDS
- **S**afe **A**bstention / Safe Motherhood
- **A**dvocacy for SRH rights for youth, women and men

Become a Member!

Membership to the Association is open to all persons and organizations who subscribe to the vision of the Association. Individuals can become ordinary members (K10,000/year for adults and K6,000/year for youth) or life members (K250,000), while institutions can become corporate members by registering at PPAZ Head Office or PPAZ Branches across the country.

Join the Youth Action Movement!



If you want to advocate for adolescent sexual and reproductive health and rights, if you want to inform your peers, if you want to participate in the organization's governance, join the Youth Action Movement by visiting one of PPAZ offices or branches across the country.

Statistics

In 2009 Lusaka and Kitwe RH Centres reached over 80,000 people with various SRH services and distributed over 60,000 condoms. The Youth Open Point in Livingstone reached a total of 15,047 people through group discussions, one to one counselling and home visits.

A large number of clients also accessed services through mobile clinics, peer education, community drama and community based distributors.

